

## WHAT YOU CAN DO

### RESIST DESPAIR – RECOMMIT TO NON-VIOLENCE (Parliament of the World's Religions)

1. Join **Peace Action** and get and stay thoroughly informed of what is going on. Support it with your time and resources.
  2. Study Non-Violent Communication (Marshall Rosenberg) between people and among nations to learn the best form of diplomacy.
  3. Request your church/temple/mosque to become a peace church where all are encouraged not to work for companies that deal with or manufacture anything that has to do with nuclear weapons.
  4. Study the ideas of Jean Gebser and watch for signs of an integral structure of consciousness. Try to explain to fundamentalists and nuclearists<sup>1</sup> how you understand your own world view.
- Follow the work of other peace organizations and support them if possible, especially: **International Physicians for the Prevention of Nuclear War (IPPNW)** and request from your Senator and Representative that the US sign on to the Humanitarian Pledge of the IPPNW which 127 countries have signed. 68 are part of a United Nations Working Group that will provide the legal basis for banning nuclear weapons.
  - Fellowship of Reconciliation (FOR)
  - Network of Spiritual Progressives (NSP) /Tikkun and request your representatives to ask for implementing "The Global Marshall Plan", a National Security Strategy of Generosity and Care.
  - Union of Concerned Scientists (UCS)
  - WAND (Women Alliance for Nuclear Disarmament/New Directions)
  - Council for a Livable World and Center for Disarmament and Non-Proliferation
  - Get your Members of Congress to co-sponsor S. 3400 Restricting First Use of Nuclear Weapons Act of 2016, and ask them to support the SANE Act (S. 831 and H.R. 1534)

<sup>1</sup> Someone who believes in nuclear weapons (a secular religion)

**Books which show signs of an integral structure of Consciousness and  
"spiritual intelligence"**

- Jan Phillips, No Ordinary Time, The Rise of Spiritual Intelligence and Evolutionary Creativity, Lovingkindness Foundation, 2011
- Robert Jay Lifton, Eric Markusen: The Genocidal Mentality – Nazi Holocaust and Nuclear Threat, 1990 (out of print, get a used copy or use a Library)
- Jean Gebser, The Ever-Present Origin (transl. of Ursprung und Gegenwart), Ohio Univ. Press 1985
- Carol Cohn: Women & War, Polity 2013
- Karen Barad: Meeting the Universe Halfway, quantum physics and the entanglement of matter and meaning, Duke Univ. Press 2007
- Kelly Brown Douglas: Stand Your Ground, Orbis 2015
- S. M. Amadae: Prisoners of Reason, Game Theory and Neoliberal Political Economy, Cambridge University Press 2016
- Elaine Scarry: Thermonuclear Monarchy, W.W. Norton 2014
- Amy-Gill Levine: short stories by Jesus, Harper Collins 2015
- Rita Nakashima Brock and Gabriella Lettini: Soul Repair, Recovering from Moral Injury after War, Beacon Press 2012
- Douglas Rushkoff: Present Shock, When Everything Happens Now, orange-press 2013

Further highly recommended for information on the nuclear danger:

William Perry: My Journey at the Nuclear Brink, Stanford Univ. Press 2015

On Jean Gebser: G. Feuerstein: Structures of Consciousness, the Genius of Jean Gebser, 1987 (out of print, available used) -- a good overview of Gebser

Furthermore: Articles on the Internet: Ulrich Mohrhoff and Ed Mahood, jr., not as good as Feuerstein

For making the connection to the Holocaust and the "numbing of conscience":

Manfed Deselaers: And Your Conscience Never Haunted You? The Life of Rudolf Höß, Commander of Auschwitz and the question of his responsibility before God and Human Beings, Auschwitz-Birkenau State Museum 2013 (Translation from the German)