

A Mother's Day Healing For Daughters and Mothers

by Diann L. Neu



Photo by Emily Cohen

Remembering the Relationship

The daughter/mother relationship is one of the most intense a woman experiences. It is primary and it is strong. It can include wonderful, empowering experiences that you want to pass on, and it can contain frightening, disabling memories that you want to eliminate. Listen to women's experiences.

Reflections of Daughters

In search of my mother's garden, I found my own.

—Alice Walker, title essay (1974), *In Search of Our Mothers' Gardens* (1984)

Whenever I'm with my mother, I feel as though I have to spend the whole time avoiding land mines.

—Amy Tan, *The Kitchen God's Wife* (1991)

Biology is the least of what makes someone a mother.

—Oprah Winfrey, in *Women's Day* (1988)

To her whose heart is my heart's quiet home, / To my first Love, my Mother, on whose knee / I learnt love-lore that is not troublesome.

—Christina Rossetti, "Sonnets Are Full of Love," *A Pageant* (1881)

Blessing Daughters and Mothers

Blessed be all the mothers of mothers.
Blessed be all the daughters of daughters.
Blessed be all the daughters of mothers.
Blessed be all the mothers of daughters.
Now and forever, wherever we are.

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Silver Spring, MD 20910
301.589.2509
www.hers.com/water
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Women's Alliance for Theology, Ethics and Ritual (WATER)
8121 Georgia Avenue
Suite 310
Silver Spring, Maryland 20910-4933
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