



June 20, 2013



eNewsletter of the Women's Alliance for Theology, Ethics and Ritual

A Summer Solstice Ritual

June 21, 2013
By Diann L. Neu

Give yourself a moment to transition into summer. Find a quiet corner to breathe and center. When you are ready, [click here](#) for a video meditation of the Summer Solstice ritual.

Or, gather a candle and match. Find a quiet corner to breathe and center. When you are ready, light the candle, and [click here](#) for audio only of the ritual.

Or, if you would prefer to read, the ritual text is below.

The Ritual

Find a quiet corner to breathe and center. Give yourself a moment to transition into summer.

Light a candle to honor the Summer Solstice.

Candlelight, sunlight, and bonfires reflect the power of the sun. Feel the richness of Earth's summer colors.

Red: the longest wavelength, the flow of life in your blood, the color of courage.
Be attentive to your courage.

Orange: the action color, the primary ray connected to the womb center, the color of passion.
Be attentive to your passion.

Yellow: the expanding wavelength, the color of transcendence, the color of women's will.
Be attentive to your openness.

Green: the middle of the spectrum, the color of sympathy and emotion, the color of balance.
Be attentive to your harmony.

Blue: the creative color, the color of the sky, the power of decision-making.
Be attentive to your calm.

Indigo: the passive wavelength, the color of psychic knowing, the color of awareness.



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Contemplative Prayer at WATER Monday, July 8, 2013

WATER offers a regular contemplative prayer opportunity each month at 7:30 PM EDT. This is a communal meditation, a time of silence and reflection followed by a short discussion. Janis Roihl will lead the meditation on "More About Names." [Read more.](#)

RSVP by sending an email with the words "Register Me Contemplative" by Friday, July 5, 2013 to

waterstaff@waterwomensalliance.org or call 301.589.2509 so that we can expect you. If you wish to join by phone, please indicate that so we can send you the phone-in number.

The office will be open at 7 PM for tea and conversation. Silence will commence promptly at 7:30 PM, so please be here by then. We will finish and be on our way by 8:30 PM.

Be attentive to your intuition.

Purple: the shortest wavelength, the color of the wise woman, the color of introspection and spiritual development. Be attentive to your spirituality.

Brown: the stable color, the color of security, the color of centering. Be attentive to your center.

Draw in what you need and want from these Solstice colors. Draw in fulfillment, passion, and abundance from the gifts of Earth.

Give thanks to Divine Wisdom. Give thanks to Earth. Give thanks to the seasons for this time. Give thanks for warm days, lazy evenings, and life-giving relationships. Take time to enjoy these treasures!

Happy Summer Solstice!

Blow out or snuff the candle.

© Diann L. Neu, dneu@hers.com, cofounder and codirector of WATER, the Women's Alliance for Theology, Ethics and Ritual www.waterwomensalliance.org



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Upcoming Programs

July 8: Contemplative Prayer with Janis Roihl, 7:30 PM EDT

July 10: Teleconference with Grace Ji-Sun Kim on "Colonialism, Han, and the Transformative Spirit," 1:00 PM EDT

September 9: Contemplative Prayer, 7:30 PM EDT

September 11: Teleconference with Linn Marie Tonstad, 1:00 PM EDT

October 7: Contemplative Prayer, 7:30 PM EDT

October 9: Teleconference with Urvashi Vaid, 1:00 PM EDT

November 4: Contemplative Prayer, 7:30 PM EST

November 20: Teleconference with Cynthia Moe-Lobeda on "Resisting Structural Evil: Love as Ecological-Economic Vocation," 1:00 PM EST

December 9: Contemplative Prayer, 7:30 PM EST

December 18: Teleconference with Keri Day, 1:00 PM EST

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